

Lust 8 Deadly Sins

The power of lust has proven throughout the ages to be the fall of many successful men and women who, while marching forward to their planned achievements, were sidetracked by a side glance. In today's lesson we will explore the sources, expressions, and biblical approaches for guarding against this sin that is present in the white house and the drug house, rich and poor, men and women, young and old.

Key Verse: 1 John 2:16, "For all that is in the world, the *lust of the flesh* and the *lust of the eyes* and the boastful *pride of life*, is not from the Father, but is from the world."

Lust of the flesh: Sexually related desire

Lust of the eyes: Desire for something perceived, either by the eye or by the heart

Ecclesiastes 10:1, "Dead flies make a perfumer's oil stink, so a little foolishness is weightier than wisdom and honor."

Epithymia (Greek): to set the heart upon, i.e. long for (rightfully or otherwise):—covet, desire, lust after.

Châmâd (Hebrew); a primitive root; to delight in:—beauty, covet, delectable thing, delight, desire, lust, pleasant thing, precious thing.

- Same word used in Deuteronomy 5:21 Ten Commandments:
 - "You shall not covet (chamad) your neighbor's wife, and you shall not desire (avah) your neighbor's house, his field or his male servant or his female servant, his ox or his donkey or anything that belongs to your neighbor."
 - Same word (chamad) was used for Eve in the garden of Eden in Genesis 3:6 when she looked at the fruit and saw that it was desirable for gaining wisdom.

Avah: A primitive root; to wish for:—covet, (greatly) desire, be desirous, long, lust (after)

Lust: Intense or unbridled desire. Intense desire to get something at any cost.

Anyone Exempt From Lust?

The Young

A 2018 study reported by Psychology Today, researchers found that 98% of men surveyed, and 73% of women had viewed Internet porn in the previous six months. And according to the website, Fight The New Drug, an estimated 90% of children ages 8-16 have viewed porn online.

The Old

One of the fastest growing groups for contracting sexually transmitted diseases are individuals over the age of 65.

AthenaHealth Network's 7 million patients from 2014 – 2017 found an overall increase in sexually transmitted infections of 11%. The increase for adults over the age of 60 was the largest: 23%.

Monks in monasteries?

- Miguel Hurtado, 36, was sexually abused at the age of 16 by a Benedictine monk from Montserrat Abbey in Catalonia
- The president of the Buddhist Association of China faces sexual allegations by nuns.
- Sexual abuse allegations against two priests from the Monastery of the Praying Christ in Argentina.

Children in Schools?

- Of children in 8th through 11th grade, about 3.5 million students (nearly 7%) surveyed reported having had physical sexual contact from an adult (most often a teacher or coach). The type of physical contact ranged from unwanted touching of their body, all the way up to sexual intercourse.
- Teacher Sexual Misconduct Cases: Elementary Schools and High schools. Men and women.
- In some instances, “comprehensive sex education studies” have resulted in increased teen sexual activity and other risky behaviors.

Children in Churches?

- A 33-year-old Englewood man was sentenced to 50 years in prison for activities while serving as a youth pastor at Jubilee Fellowship Church in 2017.
- A former volunteer youth minister was sentenced to probation and jail time after admitting to sexually assaulting a 17-year-old church member.

Psychology's Approach

Mary C. Lamia Ph.D: “Lust provides a rare window through which you can view your vulnerabilities.”

HSD: Hypersexual Disorder: can be accompanied by clinically significant social, personal distress, and medical morbidity. Symptoms of HSD include sexually transmitted diseases, . dysregulation of sexual arousal and desire, sexual impulsivity, sexual addiction, and sexual compulsivity. It is not yet included in the Diagnostic and Statistical Manual of Mental Disorders.

There is a War Going On!

1 Peter 5:8-9 You have an adversary.

The war zone is vividly described in Galatians 5:16-21

Hardness of Heart, Ephesians 4:17-19

“The Battle Every Man (Woman, Boy and Girl) Must Win”, book

- Choose Victory: Make the decision
- Victory with your eyes: Job 31:1
 - “I made a covenant with my eyes not to look lustfully at a young woman.
- Victory with your ears
 - Ariana Grande & Billy Paul
- Victory with your Mind: 2 Corinthians 10:5
 - Take every thought captive
- Victory with your Heart

The counter to Lust is Love. Love is what lust is not.
Consider 1 Corinthians 13:4-9. Compare Love & Lust

Love	Lust
1. Patient	1. _____
2. Kind	2. _____
3. Not jealous	3. _____
4. Does brag	4. _____
5. Is not arrogant	5. _____
6. Does not act unbecomingly	6. _____
7. Does not seek its own	7. _____
8. Is not provoked	8. _____
9. Does not take into account wrong suffered	9. _____
10. Does not Rejoice in unrighteousness	10. _____
11. Rejoices with the truth	11. _____
12. Bears all things	12. _____
13. Believes all things	13. _____
14. Hopes all things	14. _____
15. Endures all things	15. _____
16. Never fails	16. _____

Mamba Mentality

“Mamba mentality is about 4 a.m. workouts, doing more than the next guy and then trusting in the work you've put in when it's time to perform. Without studying, preparation and practice, you're leaving the outcome to fate.” – Kobe Bryant

Rooting for Rivals book

Lust: When we abuse our power by using people for our purposes---nonprofit organizations, including churches

It is possible to set admirable goals that must be achieved at all costs, but still be outside of the Will of God.

- NBA Champions
- NFL Champion
- Million-Dollar Business
- Creating a 24-hour food pantry

Is it a love-goal or a lust goal?

- Pray
- Read the scriptures
- Talk to godly counsel
- Listen
- Understand that God knows the motive behind every one of our actions and will judge each of our deeds.

All a person's ways seem pure to them, but motives are weighed by the LORD. Proverbs 16:2

“Therefore judge nothing before the appointed time; wait until the Lord comes. He will bring to light what is hidden in darkness and will expose the motives of the heart. At that time each will receive their praise from God.” 1 Corinthians 4:5

The on-going process of combating lust's control: 2 Peter 1:4-8

- Faith
- Moral Excellence
- Knowledge
- Self-Control
- Perseverance
- Godliness
- Brotherly Kindness
- Love

Conclusion:

Lust is a desire that places a person's determination outside of God's will. The control of lust is unbeatable without the power of God as we submit to His authority in our lives, trusting Him for the strength, guidance and salvation needed to overcome lust's hold.